



***everis***<sup>™</sup>  
User Manual  
for Neptune Smart Watch E4002

# Download Everis app

System requirements: Android 4.4 and above, iOS 8 and above, Bluetooth 4.0 with BLE



Scan the QR code to download the "Everis" app



# Charging Your Smart Watch

Please make sure the battery is charged up before using the device for the first time.

1. Plug the small end of the USB Charging Cable into the Charging Dock. Ensure the USB cable is well connected.
2. Plug the bigger end of the USB Charging Cable into a USB charger or USB port that can provide at least 2.5W of power.
3. Place the Smart Watch on the Charging Dock, ensure the gold charging pins on the charging dock align and are in contact with the corresponding gold charging contacts on the Smart Watch.
4. The screen will indicate charging progress within few seconds of receiving power.
5. The Smart Watch should be charged for at least two hours.



5V  
2.5W+  
2hr+



# How to Use



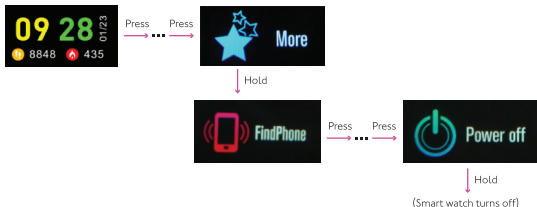
1. Side key
2. Screen
3. Function key
4. Heart Rate Sensor
5. Charging contacts

**Note:** Adjust the tightness with the adjustable strap and holes. For the best results, place the heart rate sensor close to skin.

# How to Use

## On/Off

1. To turn the device ON, press the Side Key for few seconds until the device vibrates.
2. To turn the device OFF:
  - a. From the watch face, press the Side Key to scroll through the menu to the 'More' option.
  - b. Press the Side Key for a few seconds to enter that menu.
  - c. Press the Side Key to scroll through the options to the 'Power' option.
  - d. Press the Side Key for a few seconds to select this option. The smart watch will vibrate and turn off.



## How to Use

3. To light up the screen, press the Side Key. The smart watch can also be set to light up automatically by lifting the arm towards you. To save power, the screen will turn off after 10 seconds.

### Operation

- The touch-sensitive Function Key works as an alternative to Side Key, and can be disabled with Underwater Mode (see Page 16).
- Press the Side Key or Function Key to scroll through the menu. Press the Side Key or Function key for a few seconds to select the displayed option.'

## Connect to Smart Phone

Before using the device, pair it to the Everis app on your smart phone to automatically sync time, activity and sleep data. The Everis app can be downloaded from the links on Page 2.

### How to Connect

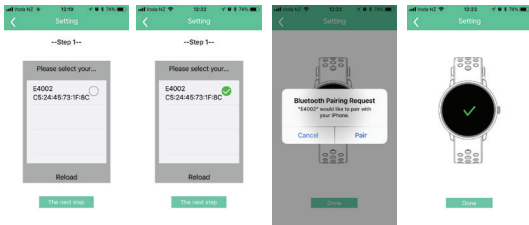
You will need a phone that supports Bluetooth 4.0 + low energy (BLE), with iOS 8 or above, or Android 4.4 or above.

1. Download the Everis app from the App Store/Play Store, or scan the QR codes below.
2. Ensure your Smart Watch has been charged and press the Side Key to turn the screen on.
3. In the Everis app, tap on the "Setting" tab, then the "Connect the smart watch" option.

## Connect to Smart Phone

4. Follow the on-screen instructions to select the "E4002" device and pair it with your smart phone to receive notifications and sync fitness data.
5. Follow the instructions on the next page to set up your User Profile.

**Notes:** The smart watch will automatically sync fitness data when it is connected to your phone. This process may take up to two minutes to complete. A data sync can also be triggered manually by pulling down on the "Today" screen.





# Smart Watch Functions






## User Profile and Exercise Goals

Set up your user profile on Everis app to set exercise goals and improve the accuracy of data obtained from the smart watch.

- User Profile: Tap on 'Setting' > 'My Profile'. Choose your avatar, and enter your gender, birthday, weight, and height.
- Daily exercise goals: Tap on 'Setting' > 'Goals'. Set realistic goals for each type of activity.'

## Notifications:

The watch will vibrate gently for incoming calls, SMS, and notifications. You can also choose the types of notifications to be sent to the device with the Everis app under 'Setting' > 'Notifications'.

My Profile			Save
			
<div>Roger</div>			
	Gender	Male	
	Birthday	1998-11-06	
	Weight	58.0 kg	
	Height	175.0 cm	

# Smart Watch Functions

## Watch face



Press the Side Key to cycle through the functions of the smart watch:



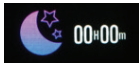
## Pedometer



Wear your smart watch throughout the day to track your activities. Press the Side Key to check the number of steps taken, calories burnt, and distance travelled. The data will also periodically sync with the Everis app, where you can view the data in detail.

# Smart Watch Functions

## Sleep Monitor



When asleep, the watch will automatically monitor the sleep quality. You can check the sleep data from the Everis app.

**Note:** The watch must be worn while sleeping to acquire sleep data.



# Smart Watch Functions

## Heart rate



The smart watch will measure your heart rate while the heart rate screen is active. The screen will display "— — —" until the initial measurement is obtained. The data will also periodically sync with the Everis app, where you can view the data in detail.

**Note:** The heart rate sensor on the back of the watch will emit a green light while taking measurements. For accurate results, the sensor must be in close contact with skin and kept clean; remove dirt and sweat by gently wiping the watch regularly with a soft, clean cloth.

# Smart Watch Functions

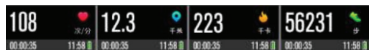
## Multi-Sport



Press the Side Key for a few seconds to enter Multi-Sport mode. Press the Side Key to scroll to the desired activity (Walking, Running, Cycling, Swimming, Climbing), then hold in the Side Key for a few seconds to start recording data.



During the activity, press the Side Key to scroll through the different data views.

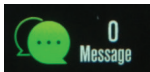


After you have finished your activity, hold in the Side Key for a few seconds to end the data recording. The last data view will be shown; press the Side Key to dismiss it. A message will be displayed to confirm that the data has been saved.

**Note:** Data for the activity will not be saved if it lasts for less than five minutes.

# Smart Watch Functions

## Messages and Notifications



Press the Side Key for a few seconds to read messages and notifications. Press the Side Key to scroll through the notifications. The notification will be dismissed once it is read. Press the Side Key for few seconds at any time to exit.

On the Everis app, you can choose the types of notifications that is shown on the watch.

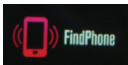
# Smart Watch Functions

## More



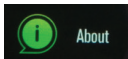
The More menu contains system information and settings. Press the Side Key for a few seconds to enter the menu.

## Find Phone



"Find Phone" option is available when the watch is paired with your smartphone and connected to the Everis app. Press the Side Key for a few seconds to trigger the alarm on your smart phone. On an iPhone, the Everis app must be displayed on your screen for the alarm to sound.

## About



Information about the Bluetooth MAC address, model number, and firmware version of your smart watch can be found here.

# Smart Watch Functions

## Underwater Mode



When the watch is underwater or otherwise wet, the touch-sensitive Function Key may not operate as expected, or may provide spurious input. When Underwater Mode is enabled, the touch-sensitive Function Key is disabled, and the watch can only be operated with Side Key.

Disable Underwater Mode to use the Function Key again.

## Activity Reminder



The Sedentary Monitor and Activity Reminder will remind you to move around after a period of time without significant movement.

On the Everis app, under Settings > Advanced settings > Sedentary, you can change your preferences and the conditions of the reminder. When it's time to move around, the watch screen will light up and send a gentle notification.



# Functions

## Alarm



You can set up to five alarms through the Everis app. The alarm icon will be shown on the screen, and the watch sends gentle notification.

## Automatic Display

The watch can be set to automatically wake up when you raise your arm, or when you rotate your wrist. The settings can be changed on the Everis app, under Settings > Advanced settings > Automatic Display.

# Changing the Strap



The Neptune Smart Watch comes with an extra pair of watch straps. To change the strap:

- Locate the quick-release lever of the installed strap near the watch body
- Slide the lever over and gently remove the strap one side at a time, being careful not to bend the locking pins

**Note:** The lever is spring loaded

## Changing the Strap



- Gently install the new strap by inserting the pin opposite the quick-release lever into the hole in the lug of the watch body
- Slide the lever over and line up the retracted locking pin with the hole in the other lug
- Release the lever and ensure the locking pin is extended and locked in
- Swap the other strap in the same manner

**Note:** Ensure the straps are oriented correctly before installing them. Do not force the strap in or out. If it is stuck remove the straps gently and try again.

# Safety and Care Instructions

Read the safety information before using the product. Retain the instruction booklet for future reference.

## Safety

This electronic device contains electrical components that could cause injury if not handled or used properly. Warranty will void for any attempt to open the device.

- Do not attempt to open or disassemble the device. Contact Everis Service team for any service or repair.
- Do not expose your smart watch to extremely high or low temperatures.
- Do not use your smart watch in a sauna or steam room.
- Do not use chemical to clean your smart watch.
- Do not expose your smart watch to fire or heat source.
- Charge your smart watch only with the charging cable and dock provided
- Children should be supervised by an adult when using this product due to small parts

While Everis intends to provide you with accurate fitness information or activity tracking, this electronic device is not intended to act as or replace a medical device. Consult your doctor with any abnormal fitness information. Everis is not

## Safety and Care Instructions

responsible for any discrepancy in the information provided as compared to a medical device.

**CAUTION:** The smart watch may cause skin irritation for some with sensitive skin.

To reduce the chances of irritation: Keep the smart watch dry and clean; avoid prolonged use; ensure appropriate tightness of the strap; regularly remove the smart watch to allow your wrist to rest.

If you feel any of the below symptoms when wearing the smart watch, stop using it immediately.

1. Soreness
2. Burn
3. Numbness,
4. Stiffness

# Safety and Care Instructions

## Care

Keep the smart watch clean and dry to avoid discomfort, especially after working out and sweating.

Wipe the watch with a lint-free, non-abrasive cloth dampened with water or a soap-free cleaner, and dry it thoroughly immediately afterwards.

Do not use household cleaner, household soap/wash, body wash, shampoo, face wash, hand wash or other chemicals to clean the smart watch.

Avoid rubbing the smart watch. If necessary, gently scrub surfaces with a soft bristle toothbrush.

Do not bleach, soak, or spray the smart watch with liquid. This might discolour or damage the finish.

Avoid or limit exposure to alcohol, dye and bleach-based substances like perfume, body spray, hair colour, washing agent, lotion, room mists, etc.

# Safety and Care Instructions

## **Responsible disposal**

At the end of its working life, do not throw this product out with your household rubbish. Electrical and electronic products contain substances that can have a detrimental effect on the environment and human health if disposed of inappropriately. Observe any local regulations regarding the disposal of electrical consumer goods and dispose of it appropriately for recycling. Contact your local authorities for advice on recycling facilities in your area.

Please keep the original packaging carton and materials in a safe place. It will help to prevent any damage if the product needs to be transported in the future. In the event it is to be disposed of, please recycle all packaging material where possible.

## Q&A

### **Q. My smart watch will not turn on**

A. Please make sure the device is fully charged. Press and hold the Side Key for 10 seconds or until the screen turns on.

### **Q. My smart watch is frozen; I cannot use the smart watch**

A. Hold down the Side Key for at least 10 seconds to power off your device, then turn it back on.

### **Q. My smart watch shuts down on its own**

A. Please charge your smart watch. A full charge takes around 2 hours.

### **Q. My phone cannot sync with my smart watch**

A. Make sure your phone's Bluetooth radio is enabled and your smart watch is paired with your phone. If you need to pair your smart watch with your phone again, please go to your phone's Bluetooth settings, select the Bluetooth name of your smart watch (E4002), press "Forget this Device", then connect to the smart watch through the Everis app again.

### **Q. My phone randomly disconnects from the smart watch**

A. Please charge your smart watch. Low battery life can sometimes interfere with the Bluetooth capabilities of the watch.



## Q&A

**Q. My phone cannot find the Bluetooth name of the smart watch**

A. Disable, then re-enable your phone's Bluetooth radio and restart your smart watch. If the smart watch is still not visible, please restart your phone.

**Q. The time on my smart watch is different from the time on my phone**

A. Make sure the smart watch is connected to your phone, then perform a manual data sync. If the time is still different, disconnect, then re-connect your smart watch to your phone.

## Specifications: Everis E4002



Display: 0.96" LCD

Battery Life: Up to 7 days battery life depends on usage

Bluetooth: BT4.0

Compatible with Apple iOS 8 + and Android 4.4 +

- Multi-sports (walking, running, hiking, biking, lap swimming)
- Monitor daily activity and sleep
- Heart rate monitor
- Activity reminder
- Alarm clock
- Smart wake up
- Incoming calls reminder with caller ID display
- Notification and SMS display
- IP68 waterproof

This product is not intended to provide medical and scientific data  
Remove the smart watch frequently to avoid skin irritation, redness,  
or swelling.



Everis™ brand is exclusively marketed and distributed by  
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