



everis[™]
User Manual
for Aries Smart Band E4003

Download Everis app


System requirements: Android 4.4 and above, iOS 8 and above, Bluetooth 4.0 with BLE



Scan the QR code to download the "Everis" app



Charging Your Smart Band

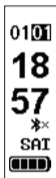
1. On the back of the Smart Band, locate the “USB” text, and remove the watch strap attached at that end.
2. Plug the Smart Band into the USB Cable, making sure the “USB” text on the Smart Band is on the same side as the USB logo  on the USB Cable.
3. Plug the bigger end of the USB Charging Cable into a USB charger or USB port that can provide at least 2.5W of power.
4. The screen will indicate charging progress within a few seconds
5. The Smart Band should be charged for at least two hours.



How to Use

On/Off

Adjust the tightness with the adjustable strap and holes.
For the best results, place the sensor close to the skin.



Watch face screen



Power menu



1. To turn the device ON, press the Function Key for few a seconds until the device vibrates.
2. To turn the device OFF, press the Function Key for few seconds to enter the Power menu, tap the Function Key until "Off" is selected, press the function for few seconds while selecting "OFF" to shut down. The device will vibrate to confirms it has turned off.

How to Use

Operation

- Tap the Function Key to wake up the device or switch between different Function interfaces while the screen is on.
- The screen will sleep after 5 seconds to save power if there is no activity.

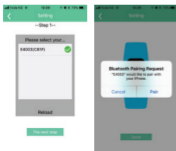


Connect to Smart Phone



Before using the device, connect it to the Everis app on your phone to sync time and activity notification. The Everis app can be downloaded from the links on Page 2

1. In the Everis app, tap on the “Setting” tab, then the “Connect the smart watch” option.
2. Follow the on-screen instructions to select the “E4003” device and pair it with your smart phone to receive notifications and sync fitness data.
3. Android only:
If requested, grant the Everis app permission to access notifications to allow it to be displayed on the Smart Band.
4. Follow the instructions on the next page to set up your User Profile.



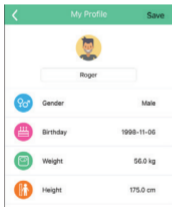
Notes: The smart band can store up to seven days of data internally when not connected to a smart phone. Once connection is re-established, it may take up to two minutes to complete the data sync. A data sync can be triggered manually by pulling down on the "Today" screen.

Smart Band Functions

User Profile and Exercise Goals

Set up your user profile in the app to set exercise goals and increase the accuracy of data obtained from the smart band.

- User Profile: Tap on 'Setting' > 'My Profile'. Choose your avatar, and enter your gender, birthday, weight, and height.
- Daily exercise goals: Tap on 'Setting' > 'Goals'. Set realistic goals for each type of activity.



Notifications

The band will vibrate gently for incoming calls, SMS, and notifications. You can choose the types of notifications to be sent to the device in the Everis app under 'Setting' > 'Notifications'

Smart Band Functions

Sleep Monitor

When asleep, the band will automatically monitor the sleep quality. You can check the monitored data from the Everis app.

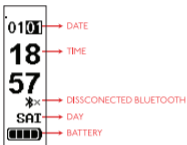
Note: The band must be worn while sleeping to acquire sleep data.



Smart Band Functions

Access different functions and data screens of the band by tapping on the Function Key.

Clock Interface



If the Bluetooth icon is ✖, the band is not connected to a smart phone.
If the Bluetooth icon is ☺, the band is connected to a smart phone.
You can split 'Date' (for the clock interface) into 'Month' and 'Day'

Steps Interface

Wear the band to record your steps; you can check your real-time progress for the day here.

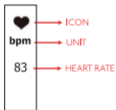


How to Use

Distance Interface



Heart Rate Interface



1. Press the Function Key for few seconds while on the 'Heart Rate Interface' to start or stop the heart rate measurement. The screen will display the last test result by default, or "__" if heart rate is not updated'.

Note: The heart rate sensor on the back of the band emits a green light while taking measurements. For accurate results, the sensor must be in close contact with your skin and kept clean; remove dirt and sweat by gently wiping the band regularly with a soft cloth.

How to Use

Changing the Strap

The Aries Smart Band comes with an extra watch strap. To change the strap:

- Remove the straps from the watch body with a gentle pull
- Install the new strap by inserting the tab at the ends of the watch body into the slots at the thicker end of each strap
- Gently push the straps in until they are locked in

Note: Ensure the straps are oriented correctly before installing them. Do not force the strap in, if the strap is stuck (to avoid damage to the watch body) pull the strap out gently and try again.



Safety and Care Instructions

Read the safety information before using the product. Retain the instruction booklet for future reference.

Safety

This electronic device contains electrical components that could cause injury if not handled or used properly. Warranty will void for any attempt to open the device.

- Do not attempt to open or disassemble the device. Contact Everis Service team for any service or repair 0800 422 474
- Avoid contact with water.
- Do not expose your smart band to extremely high or low temperatures.
- Do not use your smart band in a sauna or steam room.
- Do not use chemicals to clean your smart band.
- Do not expose your smart band to fire or heat source.
- Charge your smart band only with the charging cable provided
- Children should be supervised by an adult when using this product due to small parts

While Everis intends to provide you with accurate fitness information or activity tracking, this electronic device is not intended to act as or replace a medical device. Consult your doctor with any abnormal fitness information. Everis is not responsible for any discrepancy in the information provided as compared to a medical device.

Safety and Care Instructions

CAUTION: The smart band may cause skin irritation for some with sensitive skin.

To reduce the chances of irritation: Keep the smart band dry and clean; avoid prolonged use; ensure appropriate tightness of the strap; regularly remove the smart band to allow your wrist to rest.

If you feel any of the below symptoms when wearing the smart band, stop using it immediately.

1. Soreness
2. Burn
3. Numbness,
4. Stiffness

Care

Keep the smart band clean and dry to avoid discomfort, especially after working out and sweating.

Wipe the band with a lint-free, non-abrasive cloth dampened with water or a soap-free cleaner, and dry it thoroughly immediately afterwards.

Do not use household cleaner, household soap/wash, body wash, shampoo, face wash, hand wash or other chemicals to clean the smart band.

Avoid rubbing the smart band. If necessary, gently scrub surfaces with a soft bristle toothbrush.

Do not bleach, soak, or spray the smart band with liquid. This might discolour or damage the finish.

Avoid or limit exposure to alcohol, dye and bleach-based substances like perfume, body spray, hair colour, washing agent, lotion, room mists, etc.

Safety and Care Instructions

Responsible disposal

At the end of its working life, do not throw this product out with your household rubbish. Electrical and electronic products contain substances that can have a detrimental effect on the environment and human health if disposed of inappropriately. Observe any local regulations regarding the disposal of electrical consumer goods and dispose of it appropriately for recycling. Contact your local authorities for advice on recycling facilities in your area.

Please keep the original packaging carton and materials in a safe place. It will help to prevent any damage if the product needs to be transported in the future. In the event it is to be disposed of, please recycle all packaging material where possible.

Q&A

Q. My smart band will not turn on

A. Please make sure the device is fully charged. Press and hold the Function Key for 10 seconds or until the screen turns on.

Q. My smart band is frozen; I cannot use the smart band

A. Hold down the Function Key for at least 10 seconds to power off your device, then turn it back on.

Q. My smart band shuts down on its own

A. Please charge your smart band. A full charge takes around 2 hours.

Q. My phone cannot sync with my smart band.

A. Make sure your phone's Bluetooth is enabled and your smart band is paired with your phone. If you need to pair your smart band with your phone again, please go to your phone's Bluetooth settings, select the Bluetooth name of your smart band (E4003), press "Forget this Device", then connect to the smart band through the Everis app again.

Q. My phone randomly disconnects from the smart band.

A. Please charge your smart band. Low battery life can interfere with the Bluetooth capabilities of the smart band.

Q. My phone cannot find the Bluetooth name of the smart band

A. Disable, then re-enable your phone's Bluetooth and restart your smart band. If the smart band is still not visible, please restart your phone.

Q. The time on my smart band is different from the time on my phone

A. Make sure the smart band is Bluetooth connected to your phone, then perform a manual data sync. If the time is still different, disconnect, then re-connect your smart band to your phone.

Specifications



E4003

Display: 0.87" OLED

Battery Life: Up to 7 days battery life depends on usage

Bluetooth: BT4.0

Compatible with Android 4.4 and above, iOS 8 and above. A phone supporting Bluetooth 4.0 with BLE is required.

Monitor daily activity and sleep

Activity reminder

Alarm clock

Smart wake up

Notification and SMS reminder

This product is not intended to provide medical and scientific data
Remove the smart band regularly to avoid skin irritation, redness,
or swelling



Everis™ brand is exclusively marketed and distributed by
The Warehouse Group, 26 The Warehouse Way, Northcote,
Auckland 0627, New Zealand. Ph 0800 422 274.

Due to on-going product development, specifications
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