

Tips to **stay safe** and have **fun online:**

1

BE NICE TO PEOPLE ONLINE

Bullying can happen online as well as in the playground, so remember to always be nice to others online.

2

BEWARE OF WHAT YOU READ

Information you find on the internet may not be true, so make sure you check with a trusted adult when you are unsure.

3

DON'T OPEN EMAILS AND ATTACHMENTS FROM PEOPLE YOU DON'T KNOW

Emails, messages, pictures and text files may contain viruses or nasty messages that can effect your computer. Check with an adult before opening them.

4

KEEP YOUR PASSWORDS SAFE

If you need to write your passwords down, make sure you do this somewhere that can be kept private. Never share your passwords with anyone.

5

KEEP PERSONAL INFORMATION PRIVATE

Don't give out any information such as your full name, email address, phone number, home address, photos of yourself, or school name to anyone online.

6

STRANGER DANGER

Never meet anyone in person that you've only met online. If someone asks to meet, ensure you tell an adult before you reply.

7

CHECK YOUR PRIVACY SETTINGS

Make sure your information online such as your profiles, pictures and friends information are set to private so only people you know and trust can see information about you. Ask a trusted adult to help you do this.

8

TELL A TRUSTED ADULT

Tell your parent, teacher, or trusted adult if someone or something makes you feel uncomfortable or worries you, or if you or someone you know is being bullied online.

9

HAVE FUN, BUT KEEP IT SHORT!

Remember that it's not healthy to be looking at a device for long periods of time. Make sure you take long breaks and enjoy some physical activity outdoors as well.

